

UNIVERSITY OF PADERBORN | 33095 PADERBORN

# M.Sc. "Applied Neurosciences in Sports & Exercise" Information about the internship and the internship report Module Coordinator: Dr. K. Reinecke

The following information refer to the internship (M10), including the **registration** for the internship, **formal aspects** as well as the **examination modalities**.

#### General information about the internship

- 1. The internship has a job-oriented function and is part of the occupational orientation of the master's program. It should familiarize the students with concrete work situations and allow them extensive experience in the selected field of work. According to the program's focus the selected field of work could either be research oriented or related to an applied occupation.
- 2. The internship should provide the possibility to get familiar with a potential job for sports scientists. In general, only institutions or companies with a neuroscientific focus and that employ or potentially employ sports scientists should be selected.

The following institutions or companies are generally suitable:

- a. Public institutions (e.g. health insurance, educational institutions, sport departments)
- b. Organized and/ or competitive sports (e.g. clubs, organizations, Olympic centers)
- c. Commercial and private sport institutions (e.g. gyms, company sports)
- d. Health care centers (rehabilitation, therapy, prevention)
- e. Research institutions

The module coordinator decides on the admission of the internship.

- 3. The internship is designed as a full-time work experience with a duration of at least four weeks to experience the professional life at the selected working area. Temporal splitting (i.e. eight weeks half-time) is not intended and generally not possible.
- 4. During the internship, as far as possible, all activities of the experienced profession should be undergone. Working independently and self-dependent whenever reasonable represents a desired condition.
- 5. Especially international students who are struggling to find an appropriate institution for the internship are welcome to see the module coordinator and explain the existing difficulties.

## **Formal aspects**

- 1. The internship must be approved by the module coordinator (see form "registration for the internship").
- 2. In addition to the completion of the registration form, the student must also register on "PAUL" for the examination.
- 3. The internship must be certified (completion of the internship in general, specific tasks should be listed in addition) by the institution. A copy of the certificate should be attached to the report.
- 4. The examination consists of an internship report which has to be submitted to the module coordinator at least six weeks after the end of the internship.
- 5. The grade for the internship is entered on "PAUL" by the module coordinator.

### The internship report (10-15 pages)

- 1. Justification for the selection of the internship. What expectations does the student have?
- 2. Description of the institution.
- 3. Description of the related "job profile" (education/ qualification, specific tasks and responsibilities, delimitation to other "professions" in that institution)
- 4. A brief description of own activities during the internship.
- 5. Reflection of the experienced occupational area regarding the selection criteria of the internship (What expectations have/ have not been fulfilled?).

- 6. Reflection regarding the relation of the contents of the master's program with the requirements of the experienced occupational area (does the program or particular modules qualify for the job demands, comparison of one's qualifications / skills with the job demands, are specific contents missing in the program to be qualified for that job profile?).
- 7. Consequences for further studying or further qualifications.
- 8. Consequences for career orientation.

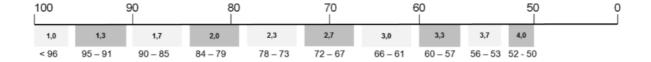
Points five to eight are decisive for the assessment of the internship report!

#### The following documents must be handed in together with the internship report

- > Registration form for the internship confirming the approval of the module coordinator.
- > The internship institution must certify:
  - The completion of the internship
  - List of task fields

#### **Evaluation scheme**

On the following page the evaluation scheme of the internship report is displayed. Grading results in the final module grade for the internship as follows:



# **Evaluation scheme internship report**

1. Part	Justification of selection	Why this profession? Why this internship? What expectations exist?	3		
	Institution and its tasks	Brief overview; tasks, aims and structures	2		
	Business model	Professional qualifications; task profile, distinguish between different (similar, collaborating) experienced job profiles	3		
	Own activities		2		
Points for the first part (points x 1)					
2. Part	Reflection of selection criteria	Reference to the first part; expectations met – yes or no?	2		
	Reflection of the (previous) study contents and job demands	Reference to the business model demands and qualifications / skills obtained in the study program; any contents missing in the program?	3		
	Consequences for studying/ qualifications	Link to reflections; continue master?, change/deepen focus; additional qualifications beside the study program	3		
	Consequences for career orientation	Where could it go? Link to reflection! Refer to research and / or applied occupational future!	2		
Points for the second part (points x 8)					
Formal standards	Expression	Wording, language	3		
	Spelling and grammar		2		
	Citations and sources		3		
	Layout		2		
	Points for the formal standards (points x 1)				
Crade of the report.					

	Layout		2		
Points for the formal standards (points x 1					
Grade	e of the report:	Total Points:	Total Points:		
Padei	rborn,	Lecturer:	Lecturer:		